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**Post Treatment Instructions for Botox/Dysport**

**After you receive you injection, actively squint and/or smile for several hours without touching the area.**

**Restrictions after cosmetic injections:**

1. Your head must remain in an upright position for at least 3 hours after the injection. If your head changes position the chance on an eyelid droop increases.
2. You may travel by airplane the day after you receive your treatment.

**Be Sure to avoid the following at least 6 hours after treatment:**

Lying Down  
Leaning Forward  
Wearing a Hat  
Applying Make-up (6-12 hours)  
Changing Clothes  
Showering  
Cooking Over a Hot Stove  
Washing / Drying / Coloring Hair

**Botox/Dysport injections take approximately 5 - 14 days before the effect will be seen. Please call the office for touch-ups when needed.**